City of Mendota Heights
5K Run/Walk

Saturday, June 5, 2010 - 9:00 AM

Sponsored by Gateway Bank

Awards: Awards to the first three male and female winners in each age category

*** 19 & under** *** (Open Division) 20 - 49** *** (Master Divsion) 50 & over**

Fees: $18.00 - Pre-registration - Deadline: Friday, June 4th. Must register by 6:00 p.m.
$23.00 - Day of race registration - 7:00 a.m. -8:30 a.m. Village At Mendota Heights
* Registration includes: 5K t-shirt and race day refreshments.

Register by Mail or In Person: City of Mendota Heights,
1101 Victoria Curve
Mendota Heights, MN 55118
(**Please mark your envelope 5K race)**

New This Year!
Friday Race Packet Pick-Up
Pick-Up Your Race Packet Early.
Avoid the Race Day Rush!
8 am - 6 pm - Friday, June 4th
MH City Hall

Number & Shirt Pick-up: Friday, June 4th - City Hall - 1101 Victoria Curve - 8:00 a.m. - 6:00 p.m.
Sat, June 5th Race Day - Village At Mendota Heights - 7:00 a.m. - 8:30 a.m.

Anyone wishing to make a donation to Special Olympics may due so at the same time they pick up their packet or donations may be mailed ahead of time with your race entry form. Separate checks must be written for the race entrance fee and Special Olympics donations. Checks for race entrance fee should be made out to The City of Mendota Heights. Donation checks for Special Olympics should be made out directly to Special Olympics.

ALL RACE PROCEEDS GO DIRECTLY TO SPECIAL OLYMPICS

DIRECTIONS: The Village at Mendota Heights, NE of Highway 110 & Dodd Road.
RACE BEGINS at the intersection of Main St. & Market St.
AWARDS CEREMONY & PRIZE DRAWING will take place upon conclusion of the race at the Village at Mendota Heights near the race finish line.

In consideration of your accepting this entry, I, the undersigned intending to be legally bound, hereby for myself and executors and administrators waive and release any and all rights I may have against the City of Mendota Heights, all sponsors and assigned officials for this road race.

For information or additional registration forms, please contact City Hall at 651-452-1850 or go to www.mendota-heights.com under "What's New ".

Please Print clearly:

NAME: _____ PHONE: _____

ADDRESS: _____
Street City State Zip

DATE OF BIRTH: _____ AGE ON RACE DAY _____ Wheelchair: ____ Physically Challenged: ____

Signature: _____

Parent's Signature (If under 18): _____

T-Shirt size (please circle): M L XL XXL Male: _____ Female: _____